



## PROGRAMS & CLASSES ♦ SIGNATURE INTEREST GROUPS

### Winter/Spring 2019

**Cancellation/Payment Policy:** Those who sign up for classes will have two (2) business days following registration to cancel and receive a refund. Thereafter, there will be no refunds. Class and material fees (if any) will be charged to the member's account after the two-business day grace period. If a class is cancelled by the City Club due to the minimum not being met, or the instructor being unable to teach, enrollees will be notified by the City Club office by telephone or email, and fees will be refunded in full.

### BRIDGE CLASSES

#### **Beginning Bridge**

Instructor: Stacey Tessler

Dates: January 14, 21, 28, and February 4 and 11

Mondays 9:45 - 11:30 a.m. Min: 4 Max: 36

Members: \$70 | Non-Members: \$100

This five-session class will continue the Beginning Course journey to learning the very basics to bidding, defense and card play. We will continue to use the ACBL Bidding text in a supportive group atmosphere. New participants are welcome. For additional information, call Stacey at 734-623-8050.

#### **Supervised Play**

Instructor: Stacey Tessler

Dates: February 12, 19 and 26

Tuesdays 9:45 - 11:30 a.m. Min: 4 Max: 36

Members: \$46 | Non-Members: \$64

Lesson content will be determined by participant feedback, as well as bidding, defense, and card play. Each lesson will contain a brief lecture followed by supervised play with pre-dealt hands and group discussion. This will be a three-week class.

#### **Supervised Play**

Instructor: Stacey Tessler

Dates: January 15, 22, 29 and February 5

Tuesdays 9:45—11:30 a.m. Min: 4 Max: 36

Members: \$58 | Non-Members: \$82

Lesson content will be determined by participant feedback, as well as bidding, defense, and card play. Each lesson will contain a brief lecture followed by supervised play with pre-dealt hands and group discussion. This will be a four-week class.

**LIVE LONG AND BE HAPPY**



**PLAY BRIDGE!**

#### **Defending at Bridge**

Instructor: Ronnie Meade

Dates: Jan. 16 – Feb. 20, 2019 (no class on Jan. 30)

Wednesdays 10:00 a.m. - 12:00 p.m. Min: 4 Max: 36

Members: \$70 | Non-members: \$100

This five-week session will focus on Defending with an emphasis on:

- Opening leads
- 2<sup>nd</sup> & 3<sup>rd</sup> hand play
- Defense signals
- Developing defensive tricks
- Interfering with the declarer

The book to be used will be Audrey Grant's *Defense in the 21st Century* is available through Amazon.

## CLASSES

### **Exercise for Fitness**

Instr: Ann Hunt      February 4th - April 15th  
Time: Mondays, 9–10 a.m.  
Member Fee: \$25      Min: 4  
Non-Member Fee: \$37.50  
Move to music in a convivial atmosphere to condition your heart and stretch and strengthen your muscles. Join this longtime group for an hour of energy!

### **Exercise for Fitness**

Instr: Ann Hunt      February 1st — April 19th  
Time: Fridays, 9–10 a.m.  
Member Fee: \$25      Min: 3  
Non-Member Fee: \$37.50  
Move to music in a convivial atmosphere to condition your heart and stretch and strengthen your muscles. Join this longtime group for an hour of energy!

### **Culinary Class with Chef Nathan “Tales from the Farmers Market”**

Tuesday, April 9th  
Time: 4:30 p.m.      Min: 8  
Member Fee: \$40    Non-Member Fee: \$58  
This series of classes will focus on seasonal availability at our local farmers market. Class one will highlight our early spring arrival such as ramps, scapes, fiddleheads, and more.

### **Culinary Class with Chef Nathan “Tales from the Farmers Market II”**

Tuesday, May 7th  
Time: 4:30 p.m.      Min:8  
Member Fee: \$40    Non-Member Fee: \$58  
Class two will highlight some of the best the market has to offer in early of spring.

### **Culinary Class with Chef Nathan “Tales from the Farmers Market III”**

Tuesday, June 4th  
Time: 4:30 p.m.      Min:8  
Member Fee: \$40    Non-Member Fee: \$58  
Our final class will feature many recipe staples, with an emphasis on the increase in quality that you find when shopping local.

### **Valentine Cards & Paper Treats**

Instr: Yvonne Abdoo      Monday, January 28th  
Time: 9: 30 a.m.—12:00 p.m.    Min: 2, Max: 4  
Member Fee: \$25      Non-Member Fee: \$32.50  
Your house will be the most popular in the neighborhood with Valentine themed cards, cute gift bags and candy holders for those sweet treats. Bring your own scissors. All other supplies will be provided. No experience needed, just come and have fun!

### **Jump-Start Your Memoir**

Instr: Stephanie Kadel-Taras, Ph.D.  
Wednesday, February 6th      Min: 5  
Time: 1:00 p.m. — 3:00 p.m.      No Max.  
Member Fee: \$30    Non-Member Fee: \$40  
Have you been thinking about writing down some memories of your life? Looking for easy steps and extra motivation? Professional Biographer and City Club member Stephanie Kadel-Taras will share simple strategies for writing about your life, so you can stop saying, “I’ll get around to it someday.” Writing your reminiscences is a gift to your family and to yourself. Get Started today!

Stephanie Kadel-Taras, Ph.D., started Time Pieces Personal Biographies in 2000, and has since written more than 50 full-length histories of people and organizations. Her lively, inspiring, and practical presentations are always well received.

### **Self Care is Not Selfish - It's Survival**

Instr: Breeda Miller                      Monday, February 11th  
Time: 10:00 a.m.                      Min: 10    No Max.  
Member Fee: \$10    Non-Member Fee: \$15

A dynamic program that engages audience members with stories and creative solutions to the everyday challenges of caregiving. Finding humor in days filled with dementia, incontinence, insomnia and pain management is not for sissies. Breeda tackles these challenges head-on and guides her audience to seek out helpful resources as well as looking within for a fresh perspective.

Breeda Miller is a published author, an award-winning storyteller, voice-over professional, and successful businesswoman. Of all her accomplishments, Breeda states that her most fulfilling role was caring for her frail mother at the end of her life. As a member of the Sandwich Generation, Breeda managed to run a household, manage a business, and raise three teenagers (two with special needs) while providing round the clock care for her ailing mother.

Breeda is a Professional Member of the National Speakers Association and is President of this Association for the upcoming year. She has appeared on the Moth Story Hour on NPR. Her book, *The Caregiver Coffee Break*, will be available for sale and signing.

### **A Judge's Perspective - Court Operations & Innovations - Session #1**

Instr: Karen Quinlan Valvo    Friday, March 1st  
Time: 10:30 am. - 12:30 p.m.    Min: 10    No Max.  
Member Fee: \$10            Non-Member Fee: \$15

Our own City Club member, Judge Karen Valvo, will discuss what happens in general in our court system and, in more detail, problem solving/specialty courts, and new innovations in our court system.

### **A Judge's Perspective - Court Operations & Innovations - Session #2**

Instructor: Karen Quinlan Valvo    Monday, March 18th  
Time: 1:30 p.m. - 4:00 p.m.            Min: 10    No Max.  
Member Fee: \$10    Non-Member Fee: \$15

In her second class, Judge Valvo will hold a mock trial. Class members will play the roles of judge, prosecutor, defendant, witness, defense attorney, etc. Judge Valvo will provide a script for each role, and students can volunteer for a part and follow the script for their role.

### **Close Encounters with Michigan Birds of Prey**

Instr: Francie Krawcke                      Monday, April 29th  
Time: 10:30 a.m.                      Min: 15    No Max.  
Member Fee: \$10    Non-Member Fee: \$15

Join us for this professional, educational, and entertaining opportunity to bring you up close to see and learn about Michigan Birds of Prey. See first hand the Hawk, Falcon, Owl, and Eagle. Create connections to the natural world, and foster a sense of respect and stewardship. Students will learn what is being done to protect these wonderful creatures and educate the public. Weather permitting this class will be held on the Patio.



As a service to our members, we have a list of volunteers who are willing to provide rides to and from City Club events. If you'd like to attend an event but need transportation, please contact Karmen at 662-3279 ext. 1 or [karmen@annarborcityclub.org](mailto:karmen@annarborcityclub.org) connect you with a ride.

## SIGNATURE INTEREST GROUPS

### **Apple Lovers**

Facilitator: Susan Smith

Day: 4th Wednesday of the month 1:00 p.m. -3:00 p.m.  
We have two talented resources in Bill Robb and Bob Gray, who try to answer all of our questions about our Apple devices. We have those who have just purchased one to those who are quite knowledgeable and share their tricks with us, too. If you have questions, please contact Susan Smith at smithsms@umich.edu. Group members meet for lunch at the Club prior to program.

### **Automobile Appreciation Club**

Facilitator: Connie D'Amato

This Club meets informally when we arrange for a guest speaker or organize some automotive-related day trip and/or tour with the intent of fostering interests in the rich history of the automobile, our local automotive business, and the deep history behind this industry. Activities focus on a range of things including the current state-of-the-art automotive technology, auto museum tours, classic auto restoration, and drives to locations of historical relevance supporting our interests. The Club encourages recommendations from its members, with ideas for activities pertaining to this mission. In addition, we actively support the annual Classic Car Show at the City Club in May.

### **Art: Medium of Choice**

Facilitator: Kathy Kelley

Day: Every Friday year round

Time: 9:30 a.m. – 11:30 a.m.

All members interested in creating art are invited to join our informal group of artists and would-be artists. We work in a variety of media and welcome any skill level from novice to professional. There is no instruction but helpful feedback is given upon request. The objective of our group is to provide support, friendship and fun in a low-key, no pressure environment as each of us works on their own project. We stay for lunch after class.

### **Book Discussion Group**

Facilitator: Suzanne Powell

Day: 3<sup>rd</sup> Friday of the month, Sept - June

Time: 10:30 a.m.

Members choose books for the group to read and then meet once-a-month for a lively discussion. Everyone's opinion is heard! Following the discussion, group members enjoy lunch at the Club.

### **Duplicate Bridge - ACBL Sanctioned Games**

Day: Every Monday, Tuesday & Friday @ 1 p.m.

Fee: \$6 regular games / \$7-8 special games

### **ACBL Sanctioned Duplicate - Novice Bridge**

Facilitators: Don Cleveland & Lee Evans

Day: Every Thursday @ 1 p.m.

Fee: \$5 regular games

For players with less than 500 master points.

### **Social Bridge**

Facilitator: Pat Austin

Day: 3<sup>rd</sup> Friday of the month @ 1:30 p.m.

All members are welcome to come and play.

### **Evening Book Discussion Group**

Facilitator: Karen Valvo

Day: 2<sup>nd</sup> Thursday of the month/6:00 p.m.

The Evening Book Discussion Group meets on the second Thursday of each month, September through June, at 6 p.m. We gather in the Pub for dinner and a lively discussion about the book of the month.

Reservations for dinner are appreciated, but if you find that you are free on short notice, we would be delighted to have you join us. For additional information, please call Karen Valvo at (734) 649-6047.

### **Genealogy Group**

Facilitator: Barbara Kramer

Day: 4th Friday of the month

Time: 10 a.m.

Looking for your roots? No matter if you are a beginner or an experienced researcher, join us monthly. New members are always welcome regardless of level of experience. Members share their research and resources, and help each other explore their family trees. As a group, we have lunch in the Main Dining Room following our meetings.

## **Great Decisions Group**

Facilitator: Barb Pomey

Day: 3<sup>rd</sup> Thursday of the month (except June - August)

Time: 7 p.m. / 5:30 p.m. for dinner

Fee: \$35 single/ \$40 couples for program materials

Great Decisions is a discussion program of the Foreign Policy Association. It highlights eight of the most thought-provoking foreign policy challenges facing America today, and provides background information, current data and policy options for each of the eight issues which serve as the focal text for meetings. No prior knowledge is necessary, just an openness to express ideas and opinions. Fee includes a briefing book and video for meetings.

## **History Club**

Facilitator: Bill Thomas

Day: 1st Thursday of the month

Time: 7:00 p.m./ 5:30 p.m. for dinner

Anything historically interesting is fair game. Past programs include local history, State history, national and world history, with outside speakers or group-member presenters; with documentary videos, even historically accurate movies. Group participation in program planning is key. Is there a historical subject you're interested in? Join the group and we will explore it with you. For further information, contact Bill Thomas at wotsales@comcast.net.

## **Knitters & Needle Pointers/Yarn & Darn**

Facilitator: Barbara Silvis

Day: Every Tuesday

Time: 10:00 a.m. -11:30 a.m.

Knitters and needlecrafters of any ability are welcome. We gather in the Carrothers Dining Room year-round for camaraderie, spinning yarns and finishing our projects. A special feature of this group is our connection to several local charities that welcome our donations. Drop-ins are welcome. Knitters who would like to donate but are unable to join us are encouraged to contact Barbara Silvis at bksilvis@comcast.net. Please join us and stay for lunch.

## **Let's Learn Spanish!**

Facilitators: Barb Pomey & Sondra Gunn

Day: Every Tuesday

Time: 10:00 a.m. - 11:30 a.m.

Member Fee- \$10 Non-Member Fee- \$15

Want to brush up on your Spanish? Join City Club friends Barb Pomey, Sondra Gunn, and others using Duolingo and other study aids and help each other learn and review Spanish through conversation, exercises, and reading. Some knowledge of Spanish is helpful. Participants need to have a smart phone, tablet, or laptop.

## **Mahjongg**

Facilitator: Connie Cress

Day: Every Tuesday

Time: 1:00 p.m. (12:00 p.m. for lunch at the Club)

You're missing out on the fun if you don't join us for Mahjongg. You don't have to know how to play. We'll teach you! It's not difficult to learn and once you do, you'll be hooked! We play the American version, which means that we use preset hands printed on a Mahjongg League card. Please join us in the White Room! You're also invited to join us for lunch at noon prior to the play of the hand. If you're interested in playing, please call the front desk to let them know you'll be joining us!

## **On Our Own Club**

Facilitator: Mary Dolan

Day: A Wednesday of each month: Time: Lunch (TBD)

We meet for lunch at the City Club, usually once per month. The purpose of the group is camaraderie between members who are on their own: single, divorced, widowed, or even those whose "partners" are stay-at-homers. For further information, please contact Mary Dolan at a2doles@gmail.com.

## **Origami+**

Facilitator: Ronnie Meade

Day: 2nd Monday of the month

Time: 10:00 a.m. - 12:00 p.m.

Origami+ originated as a group of members who wanted to learn about origami and have an interest in the many types of fabulous papers that are available on the market. We continue to learn new techniques but have expanded into other projects involving papers: greeting cards, jewelry, gift containers for wine bottles to name a few. Many of the items are sold to members throughout the year as well as at craft shows with all proceeds going to the Club. However, some members just enjoy creating items to share with their friends. Join our group and come to our monthly meetings and we'll get you started.

### **Play Reading Group**

Facilitators: Aileen Schulze and Barbara Kramer

Day 4th Thursday of the month

Time: 1:00 p.m. - 3:00 p.m.

This is your chance to warm up for that Broadway debut you've always dreamed of. We'll choose a play each month to read at home. Members will then discuss the play and read roles aloud (with feeling) during our sessions. Group meets for lunch prior to program.

### **Poetry Club**

Facilitator: Stephanie Kadel-Taras, Ph.D.

Day: 1st Thursday of the month

Time: 5:30 p.m.

The Poetry Club meets for dinner in the Pub. Each month we have a different theme, and members share a poem that sometimes focuses on that theme. Some members write poetry--a very special treat for those of us who don't!

### **Traveler's Club**

Facilitator: Rotating

Day: 2<sup>nd</sup> Thursday of the month

Time: 11:30 a.m. in the Pub/Lunch

Do you like to travel but don't want to travel alone or do the driving? This group is for those who might be interested in getting out of town for a day, a week or even longer. Its mission is to organize trips for members.

### **Watercolors**

Facilitator: Pat Fitzgerald

Day: Every Thursday

Time: 9:00 a.m. - 11:30 a.m.

Learn from one another in a supportive, creative atmosphere. Whether you have never painted before, or have and would love to return to watercolor, you will be welcome. Art materials will be suggested.

### **Writing Group**

Facilitator: Jeanette Brock

Day: Every Friday

Time: 12:00 p.m. Lunch / 1:00 p.m. - 3:00 p.m.

"Graduates" of Stephanie Kadel Taras' memoir writing class and other writers gather together to share personal writing they've done during the week. Discussion follows each reading. There is often time to start a new piece, sometimes inspired by another member's writing.